

THE BEAT MO CHALLENGE

ONE "MO" MARATHON

YOUR CHALLENGE STARTS NOW! Beginning February 26th, you'll have 8 weeks to complete **one more marathon** before Mo runs the London Marathon on April 22. Log your miles in run club, at home with your family, or anywhere in between!

ATHLETE

START DATE

TRACK
YOUR
MILES

1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26.2	CONGRATS, YOU BEAT MO!



KEEP RUNNING!

Mo knows there is no finish line!
Stay focused and keep running
toward your next goal.

**MARATHON
KIDS**

